

Summer 2014 Cross Country Training Schedule

Week One- July

Mon 7th WHS Carpenter Family Theater 6:00pm

[Welcome Night]

Tues 8th Westlake Elementary 5:00pm

Wed 9th *

Thurs 10th Chesebro Canyon 5:00pm

Fri 11th *

Sat 12th * ##

Week Two- July

Mon 14th Paramount Ranch 5:00pm

Tues 15th Chesebro Canyon 5:00pm

Wed 16th *

Thurs 17th Conejo Creek Park 5:00pm

[Dinner @ Toppers Pizza after Practice]

Fri 18th *

Sat 19th * ##

Week Three- July

Mon 21st Juan Bautista 5:00pm

Tues 22nd Arts Council 5:00pm

Wed 23rd *

Thurs 24th Lang Ranch Park 5:00pm

Fri 25th Malibu Creek State Park 4:00pm

[BBQ after Practice]

Sat 26th * ##

Week Four- July/August

Mon 28th Old Agoura Park 8:00am

Tues 29th Wildwood Park 8:00am

Wed 30th *

Thurs 31st Conejo Creek Park 8:00am

Fri 1st WHS Pool 5:00pm

[Swimming & Pizza after Practice]

Sat 2nd * ##

Week Five- August

Mon 4th Sycamore Canyon 8:00am

Tues 5th Oakbrook Park 8:00am

Wed 6th *

Thurs 7th Arts Council 8:00am

[Jamba Juice after Practice]

Fri 8th *

Sat 9th * ##

Week Six- August/ WOW WEEK

Mon 11th Old Agoura Park 8:00am

Tues 12th Wildwood Park 5:00pm

Wed 13th *

Thurs 14th Oak Canyon Park 5:00pm

Fri 15th *

Sat 16th Sycamore Canyon 8:30am

[Beach Run & BBQ]

Week Seven- August- Registration Week

Mon. 18th Wildwood Park 5:00pm

(Marmonte League Coaches Meeting 6:00pm)

Tues. 19th Sunset Hills 5:00pm

Wed. 20th Paramount Ranch 5:00pm

Thurs. 21st Old Agoura Park 5:00pm

Fri. 22nd *

Sat. 23rd WHS North Faculty Lot 8:30am – 1:30pm

[Car Wash]

Week Eight- August

Mon. 25th Old Agoura Park 5:00pm

Tues. 26th WHS Track 8:00am

Wed. 27th WHS Track 3:00pm- School Begins

* Run on your own or with a friend!

Varsity Runners (Boys & Girls) will meet (Place and Time TBA).

Coach Snyder- (805) 497-6711 Ext. 5031 or jsnyder@conejousd.org